

Meeting of
Lanarkshire NHS Board
26 November 2008

Lanarkshire NHS Board
14 Beckford Street
Hamilton ML3 0TA
Telephone 01698 281313
Fax 01698 423134
www.nhslanarkshire.co.uk



SUBJECT: Health improvement: Smoking

1. PURPOSE

The attached paper is presented to the NHS Board to provide members with an update on: the Lanarkshire Stop Smoking Service; progress against the HEAT H6 smoking target; and information about the national pharmacy smoking cessation scheme.

It also brings to the attention of the Board the need to increase efforts on the wider smoking prevention and education agenda and to meet the targets outlined in the national Smoking Prevention Action Plan (2008).

The Board is asked to note and endorse the position.

2.0 CONTENT/SUMMARY OF KEY ISSUES

Smoking is the biggest single preventable cause of ill health and early death in Lanarkshire where it causes over a quarter of deaths.

Lanarkshire Stop Smoking Service is a specialist service available in the community and Lanarkshire's three acute hospitals. It has good throughput and success rates and can be accessed through a single telephone and text number.

The Scottish Government gives considerable importance to reducing smoking as shown by its HEAT H6 target; its recently introduced action plan for reducing smoking among children and young people which incorporates a range of new targets; its new national pharmacy smoking cessation scheme; its other targets for pregnant women and for adults in deprived areas, and its wish to reach hard to reach groups.

The main focus in recent years has been the development of a sound infrastructure for the Lanarkshire Stop Smoking Service.

Data are provided to show Lanarkshire's satisfactory throughput and quit rates, that the service is attractive to adults from deprived areas, and progress against the HEAT target.

Further developments and capacity are needed if the range of smoking targets are to be met.

This agenda needs to be further developed through the Community Planning health improvement planning structures.

3. ACTIONS

Further development of the Stop Smoking Service; successful implementation of the smoking cessation pharmacy scheme; delivery of the local actions targeting children and young people outlined in the national Smoking Prevention Action Plan; and new evidence-based initiatives for hard to reach groups will contribute to ensuring Lanarkshire NHS Board will meet its obligations.

4. CONCLUSIONS

The Board is asked to note and endorse the attached paper.

5. FURTHER INFORMATION

Elspeth Russell
Assistant Health Promotion Manager, North Lanarkshire CHP
Tel: 01698-377622.

Gabe Docherty
Health Promotion Manager, North Lanarkshire CHP
Tel: 01698-245151