

SUBJECT: Lanarkshire Alcohol & Drug Action Team (ADAT) 3 Year Delivery Plan

1. PURPOSE OF REPORT

This report has been prepared to inform NHS Lanarkshire Board members of:

- The proposed utilisation of the additional funding allocation for alcohol misuse services notified to Boards in the allocations letter of 20th March 2008. Whilst NHS Boards will be accountable for this expenditure, the allocations letter clearly sets out how the delivery plan priorities must be determined collectively by Alcohol and Drug Action Teams based on local need, taking into account health inequalities.
- The proposed utilisation of the small uplift on budget received by NHS Boards as part of the delivery plan around the new national drugs strategy, “The Road to Recovery”, published in May 08.
- The 3 year Delivery Plan to support achievement of the National Performance Objectives and the Local Improvement Targets for substance misuse services as set out in the Lanarkshire Alcohol and Drugs Strategy 2008- 2011.

2. BACKGROUND

Board members will recall that the Lanarkshire Alcohol and Drugs Strategy for 2008-2011 was approved at the April Board meeting. It was also agreed at that time that the 3 Year Delivery Plan which reflected the increased funding allocations and national priorities would be brought forward for approval at the June meeting. Since the completion of the strategy the Scottish Government has announced increased investment to support its agenda to tackle alcohol related problems. NHS Boards are required to utilise this funding to introduce a brief intervention programme in accordance with SIGN guideline 74 and to expand prevention and treatment services. This approach is essential as the increased screening will have a knock on effect on the volume of downstream services required.

The additional funding for Lanarkshire for alcohol services which has been confirmed for 2008/09 and is indicative for 2009/10 and 2010/11 is as set out in the table below.

	2008/09	2009/2010	2010/2011
Additional investment (£)	1,620,976	1,097,502	493,500
Total	1,620,976	2,718,478	3,211,978

Table 1: Additional investment in Lanarkshire alcohol services/activities 2008 - 2011

The Board has also received notification of £128,000 uplift for 08/09 for drug services, however it should be noted that £68,000 of this is already committed to the Harm Reduction Service in

accordance with the previously agreed contract with the Scottish Executive. The balance of funding will be used to sustain the existing prevention, treatment and rehabilitation services at current levels.

3 PRIORITISATION PROCESS

The priority areas to be tackled using the alcohol funding chime well with the Lanarkshire Alcohol and Drug Action Team Strategy for 2008-11. The Scottish Government expect the overall spending package for NHS Boards to include:

- Incentivisation of the implementation of brief interventions in Primary Care
- Alcohol liaison nurses in A& E, antenatal care and acute care
- Increased treatment for existing and newly identified problem drinkers
- Increased treatment and prevention/education services
- Appropriate and auditable recording systems

Prior to the announcement of this funding, detailed work was already underway involving ADAT members to determine how this additional investment in alcohol programmes could be used to improve the outcomes for individuals, families and local communities in Lanarkshire. The service development plans and attendant funding proposals set out in the 3 Year Delivery Plan are the result of a consultation process with relevant partnership groupings and ADAT sub groups including the North Lanarkshire Partnership Board (Addictions) and South Lanarkshire Joint Service Management Group (Substance Misuse).

4. ADAT DELIVERY PLAN

4.1 Using an Outcome Based Approach

The Scottish Government is committed to improving consistency and accountability in the delivery of substance misuse services in line with the recommendations of the Stock take of Alcohol and Drug Action Teams (ADATs). Effective delivery arrangements are also essential in implementing the national drugs and alcohol strategies. In line with the new approach being taken more generally by the Scottish Government, and by North and South Lanarkshire Councils in developing their new Single Outcome Agreements, the ADAT are keen that an outcomes based approach underpins performance management arrangements. The 3 year Delivery Plan follows the template of the Single Outcome Agreement, linking to four national outcomes:

- We have improved the life chances for children, young people and families at risk;
- We live longer, healthier lives;
- Our Public services are high quality, continually improving, efficient and responsive to local people's needs and;
- We live our lives safe from crime, disorder and danger

The Delivery Plan builds on the existing locally agreed outcomes and indicators of partner organisations, including NHS Lanarkshire, North and South Lanarkshire Councils, Strathclyde Police and Strathclyde Fire & Rescue, while further developing specific outcomes which reflect our strategic aims. The outcomes and indicators used throughout this Delivery Plan will be used when we commission new services and when reviewing our service level agreements with existing providers.

4.2 Alcohol

In accordance with the requirements outlined in the allocation letter the additional funding will be used to enable NHS Lanarkshire and its partners to meet the HEAT targets around brief interventions and improved access to prevention, treatment and rehabilitation services. It is therefore proposed that this investment is used to:

- Implement a brief intervention programme in Primary Care in accordance with SIGN guideline 74 via a local enhanced service with GP's
- Develop specialist midwives and antenatal care
- Enhance the existing substance misuse liaison staff working with A & E departments
- Increase capacity in prevention, treatment and rehabilitation services to deal with the increase in volume of downstream services required as a consequence of improved screening for alcohol misuse
- Extend investment in prevention, early intervention and treatment programmes for young people, this will include support services for children affected by parental substance misuse
- Enhance services to vulnerable groups, especially those who are homeless or suffering from alcohol related brain damage

As there is expected to be significant in year slippage on this funding, the service development and expenditure plans cover the first two years of the allocation. Year three developments will be driven by local needs, taking account of the evaluation of the impact that the service development funding in years 1 and 2 have had on improving outcomes. All proposed investments take account of the final report of NHS Quality Improvement Scotland, "Understanding Alcohol Misuse in Scotland: Harmful Drinking" (2008) and the SIGN guideline on "The Management of Harmful Drinking and Alcohol Dependence in Primary Care", to ensure that investment is based on evidence based practice. The detailed schedule of investment is as set out in the ADAT Delivery Plan. For ease of reference this is summarised below:

	NHS LANARKSHIRE		
	2008/09	2009/10	2010/11
Implementation of SIGN 74: Management of Harmful Drinking and Alcohol Dependency in Primary Care; Delivering Brief Interventions in Acute, Maternity and Community	687,580	706,488	725,917
Increasing Capacity of Existing Alcohol Services	746,652	1,218,574	1,252,085
Education/Prevention Initiatives	35,424	459,816	592,461
Young People with Alcohol Problems	111,200	294,258	517,400
The Wider Community	38,250	39,302	123,115
FUNDING REQUESTED TOTAL	1,619,106	2,718,438	3,210,977
AVAILABLE	1,620,976	2,718,478	3,211,978
VARIANCE	-1,870	-40	-1,001

4.3 Drugs

The new National Drugs Strategy, “The Road to Recovery” states that there will be a further £94m released from the Justice portfolio over the period 2008-2011 for tackling drug use. This is a 14% increase in spending by 2010-11. Whilst it is anticipated that the majority of these monies will be released to Health Boards to fund drug treatment and rehabilitation services, the allocations letter received for 08-09 by Boards indicates an uplift of only £128,000 of which £68,000 is already committed to the Harm Reduction Service in accordance with the previously agreed contract with the Scottish Executive. The balance of funding will be used to sustain existing prevention, treatment and Rehabilitation services at current levels.

The Government highlight that in addition to these ringfenced monies there is also an expectation that Councils, in line with the Local Government finance settlement will allocate additional funding for drug treatment and rehabilitation services to a level decided by them on the basis of their local needs and priorities.

Funding has also been made available for criminal justice social work services, including interventions to break the cycle between drug use and offending. This funding which includes expenditure on drug treatment and testing orders will remain ringfenced and will be routed through Community Justice Authorities.

There will be an additional investment of £1.6m over the next 3 years in Lanarkshire to encourage testing and treatment of individuals who are Hepatitis C positive. This will see the development of a managed care network for Hepatitis C which links into the prevention initiatives undertaken within the BBV network groupings. Work is already underway to ensure that the MCN for Hepatitis C takes cognisance of the ADAT strategy by ensuring that this delivery plan reflects the key outcomes and indicators within phase 2 of the Hep C action plans.

The key priorities of the ADAT Delivery Plan are in accordance with the overall objectives of the National Strategy, these being:

- Ensuring that children affected by parental drug problem are safer and more able to achieve their potential
- Supporting families affected by drug use
- Better prevention of drug problems, with improved life chances for children and young people especially those at particular risk of developing a drug problem, allowing them to realise their full potential in all areas of their lives
- To see more people recover from problem drug use so that they can live longer, healthier lives, realising their potential and making a positive contribution to society and the economy
- Having communities that are safer and stronger places to live and work because crime, disorder and danger related to drug use have been reduced

4.4 Governance and Accountability

Effective local arrangements for monitoring progress and reporting performance against targets to the Scottish Government, as well as driving continuous service improvement are critical, if we are to achieve the aims and objectives set in both the National and Lanarkshire Service Strategies.

The ADAT Strategy outlined how planning and governance structures were re-configured in Lanarkshire in order to meet the recommendations of the Stocktake of Alcohol and Drug Action Teams (Scottish Executive 2007). The introduction of Service Level Agreements that set out in detail the expected service quality standards enables more robust performance management and in turn assists the ADAT Implementation and Finance Group in determining which services should be maintained and developed. The approach that has been adopted in Lanarkshire has been highlighted by the Scottish Government as an example of good practice.

5. CONCLUSIONS AND RECOMMENDATIONS

NHS Board members are asked to:

- Note the funding allocations to NHS Lanarkshire and Partners for Drug, Alcohol and Bloodborne Virus Services (BBV)
- Endorse the proposed expenditure plans as agreed by ADAT Partnership groupings, taking cognisance of the guidance issued by the Scottish Government on the priorities for funding.
- Approve the ADAT 3 Year Delivery Plan and its submission to the Scottish Government on 30th June 2008
- Call for future progress reports on the service improvements realised through the implementation of this plan.

6. FURTHER INFORMATION

For further information or clarification of any issues in this paper please contact Mr Colin Sloey, Director North Lanarkshire CHP, telephone: 01698 245001