

Meeting of Lanarkshire NHS Board  
30 April 2008

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## SUBJECT: FOOD, FLUID & NUTRITIONAL CARE

### 1. PURPOSE

This paper provides the objectives in relation to the Food, Fluid and Nutritional Care delivered within NHS Lanarkshire for 2008/09.

### 2. BACKGROUND

The Food, Fluid and Nutritional Care Policy and Strategic Plan were approved by Lanarkshire NHS Board at the November Board meeting. The annual objectives are to be brought before the Board each year, underlining the importance that the Health and Clinical Governance Committee attaches to them.

### 3. 2008/09 OBJECTIVES

- 1) Repeat patient journey audit following implementation of new admission documentation.
- 2) Implement protected mealtimes across all sites.
- 3) Repeat nutritional screening audit following training programme.
- 4) Ensure meaningful public partnership involvement in Food, Fluid & Nutritional Care.
- 5) Improve the presentation, palatability and choice of therapeutic meals available while maintaining their effective nutritional content.
- 6) Undertake a Food, Fluid and Nutrition training needs analysis.
- 7) Implement the quality standards and performance indicators set out in the policy and strategic plan and undertake before and after audit.
- 8) Review case for implementing specialist nutritional teams.
- 9) Support the implementation of the national catering and nutrition specification.
- 10) Review ward arrangements; so that all patients requiring assistance with Food, Fluid and Nutrition receive it.

### 4. FURTHER INFORMATION

If Board members would wish any further information or clarification on any issues please contact Maureen Lees, Professional Lead Dietetics 01698 245012.

**Paul Wilson**  
Executive Director of NMAHPs  
23 April 2008