

NHS LANARKSHIRE HEALTHY EATING POLICY ACTION PLAN 2007 – 2010

Key Area	Objective	Action	Timescale	Lead	Cost Implication
Accountability/Reporting	Ensure appropriate structures are in place to implement and monitor policy	Establish a policy implementation and monitoring group	By December 2007	R. Campbell D. Browning	Nil
		Establish and develop links to other key groups e.g. HWL & HPHS	From December 2007 onwards	R. Campbell H. Sweeney R. Lyness	Nil
Provision of Healthier Food and Drinks	Ensure that guidelines for healthier food and catering practices are met in all dining areas	Audit of food provision and catering practices in all dining areas	January – December 2008	D. Browning	Impact on budget unknown at this stage therefore current budget to be reviewed on an ongoing basis
	75% of the products available in drinks vending units will be healthier options	Audit of drinks vending units	By April 2008	D. Browning	As above
	50% of the products available in food vending units will be healthier options	Audit of food vending units	By April 2008	D. Browning	As above
	Re-stocking of confectionery/crisp only vending machines to include healthier options	Audit of confectionery/crisp vending units	October 2007 – end 2010 (depending on contracts)	D. Browning	As above
	De-branding of all vending units	Discussion with suppliers at contractual renewal or assessment of financial penalty if contract changed	October 2007 – end 2010 (depending on contracts)	D. Browning	Financial penalty likely if contract changed. Each contract will require to be tested.

Key Area	Objective	Action	Timescale	Lead	Cost Implication
...Provision of healthier food and drinks (cont'd)	Work with retail outlets operating within NHS Lanarkshire sites to encourage compliance with policy	Establish and develop communication with retailers e.g. WRVS, coffee shop and United News	January 2008 – end 2010	D. Browning	Nil
		Continue to develop links with the voluntary sector e.g. North Lanarkshire Federation of Food Coops to provide low cost fruit and vegetables in NHS premises.	January 2008 – end 2010	Health Promoting Hospitals Group	Nil
Promotion	Increase uptake of healthier food choices across all dining areas	Develop a range of marketing strategies e.g. use of special and theme days, promotion of healthier catering practices, meal deals, incentive schemes	January 2008 – end 2010	Implementation and Monitoring Group	From within existing budget
		Provide literature e.g. leaflets and posters on healthy eating in dining areas/notice boards	Ongoing	Implementation and Monitoring Group in conjunction with Healthy Working Lives Group	From within existing budget
Communication	Awareness of policy among staff	Undertake consultation on draft policy with staff and key groups including Area Dental, Medical & AHP Committees and Area Clinical Forum	Completed February 2007	R. Campbell	Nil
		Provide regular updates for staff through Pulse, intranet and use of notice boards	Ongoing	Implementation and Monitoring Group	Nil

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...Communication cont'd	Awareness of policy among visitors	Promote use of staff feedback/suggestion boxes	Ongoing	D. Browning	Nil
		Provide information on internet and notice boards	January 2008 – end 2010	Implementation and Monitoring Group	Nil
		Produce a public guide to the policy	January 2008 – January 2009	Implementation and Monitoring Group	£2K
		Undertake regular customer opinion surveys (to include staff and visitors)	January 2008 – end 2010	D. Browning	Nil
Training	Ensure that staff, particularly catering staff, have knowledge & skills required to implement areas of the policy within their responsibility	Undertake a training needs analysis and develop an associated training programme	January 2008 – end 2010	D. Browning	Will be determined on completion of training needs analysis