SPACE FOR PEACE AND QUIET

There is a Sanctuary and Quiet Room in each of the three acute hospitals and you are very welcome to drop in and spend time there. You might be looking for a quiet space, a place for reflection or for a time for prayer. Various scriptures, other reading materials and religious items are available for you to use if you would find them helpful.

HOW TO CONTACT US

If you would like to talk to someone, or you feel that your relative would appreciate a visit from one of us whilst they are in hospital you can ask any member of the healthcare team to contact us for you. You can also contact us directly yourself.

Telephone numbers:
Hairmyres Hospital: 01355 585000
Monklands Hospital: 01236 748748
Wishaw General: 01698 361100

These are the phone numbers for the three hospitals, when calling, please ask for the spiritual care department or a hospital chaplain.

NHS Lanarkshire - for local services and the latest health news visit www.nhslanarkshire.org.uk
NHS Lanarkshire General Enquiry Line: 0300 303 0243

NHS inform - The national health information service for Scotland.
www.nhsinform.co.uk
Tel No: 0800 22 44 88

If you need this information in another language or format, please contact the NHS Lanarkshire General Enquiry Line on 0300 303 0243 or e-mail info2@lanarkshire.scot.nhs.uk

www.patientopinion.org.uk
**The Spiritual Care Team Is Here for You**

The spiritual care team are a part of the healthcare team. They are available to you and to your family whilst you are a patient in the hospital.

You will always be at the centre of whatever support you are offered.

Spiritual Care is there for everyone not just those who belong to a faith or belief group.

**When Might You Want to Talk to a Member of the Spiritual Care Team?**

- If feeling anxious on admission
- When dealing with difficult news
- Before or following surgery
- If feeling fearful or unable to settle
- When feeling the need to resolve unfinished business
- If struggling with meaning of life questions

**What Do the Spiritual Care Team Do?**

You can ask for the chaplain to:

- spend time with you and listen to you
- offer you or your family support particularly if you are faced with difficult decisions
- help you nurture hope about your future and to feel that you are not alone
- help you deal with loss and bereavement
- pray with you or organise other religious ceremonies
- contact leaders from your own faith or belief group if you would like someone to do that on your behalf.

You can share bad news with us or celebrate good news.

**Data Protection Act 1998**

Information may be stored on paper or electronic records, the “Data Protection Act 1998” gives you the right of access to any personal information which NHS Lanarkshire holds about you either in manual records or on its computers. If you would like more information about your rights under the Act you should, in the first instance, contact the Information Governance Manager.

Tel No: 01698 858079